

YOUR DEPLOYMENT HANDBOOK

Everything you need to know about volunteering with HRF



WELCOME!

For over 30 years, **Human Relief Foundation** has been there on the ground to provide humanitarian aide and assistance to those affected by natural disasters, conflict and poverty worldwide.

Working with our international offices in **Iraq, Jordan, Yemen, Pakistan, Bangladesh, Ghana** and **France**, we respond to humanitarian disasters wherever they occur.

We pride ourselves on the ability to be among the first responders to major crises in many countries, including displaced people in Iraq and the continuing Rohingya refugee crisis.

Beyond crises, our programmes enhance communities in many ways. It could be improving sanitation and eradicating disease through out water wells programme, making sure that those in extreme poverty are fed, providing healthcare to impoverished rural areas and giving love, support and the hope for a brighter future to orphaned children.



GET STARTED

Our deployments create a meaningful connection between you and the people we help, giving you the opportunity to personally deliver the aid you've fundraised for.

You'll experience the challenges that disadvantaged communities face everyday and see the practical help and outcomes that we deliver to give communities the opportunity to survive and thrive.

When you've completed your deployment, we'll provide you with a report on your programme participation and a personal certificate of achievement.



REACH YOUR TARGET

To take part in our deployment programme, you need to raise **£5,000**. The easiest way to achieve this is to create fundraising plan, outlining the steps you'll need to take and the people and businesses you'll need to connect to, to reach your target.

During this process, you'll be supported all the way by one of our experienced fundraising officers, who are there to give you practical advice, signposting and guidance to help you achieve your target.

FUNDRAISING QUICK IDEAS

Get your family, friends and community involved as you fundraise towards your deployment. In the past, our deployment volunteers have engaged in activities such as bake sales, gaming tournaments, sponsored walks/runs, car washing and even jumping out of a plane... just don't forget your parachute!



YOUR DEPLOYMENT

Your deployment will last four to five days, plus travel days. We'll finalise your travel dates at least four weeks prior your deployment (dependent on flight and hotel availability).

Your deployment activity will be dependent on country, humanitarian situation and time of year. Activities can include anything from food pack distribution to refugees & displaced peoples, to fun activity days for orphaned and refugee children.

When you've arrived in the country of your deployment, your first evening will be a chance to meet and get to know your fellow team members and acclimatise to your new environment.

At the end of each day, we'll host a group session to reflect on the experiences of the day. These sessions are an important opportunity for you to share your thoughts and experiences. Our staff will be available at any time, should you need to discuss anything regarding the deployment.

On your final day, we'll reflect as a group on our experiences and discuss what you have learnt and are taking away from your deployment.



BE PREPARED



To get the most out of your deployment, it's essential you're well prepared!

Once you've achieved the fundraising goal and group members have been finalised, we'll invite you to an online workshop with your deployment group.

We'll run through your deployment itinerary, what is expected of you, how you can mentally prepare for your visit and answer any questions you may have.

Take a look at our packing suggestion checklist to get started.

END OF A BOOKLET...

To start your deployment journey, **click here** to complete our online application form.

Don't forget to read and agree the terms & conditions!

A member of our fundraising team will be in touch with you to arrange a short phone or video call so we can get to know you better, explain the fundraising process, discuss further details about the deployment programme, and give you the opportunity to ask any questions you may have.

GOT A QUESTION?

We're always happy to answer any questions you may have about your deployment.

Get in touch with our fundraising officer:

Abdul Waheed - abdulwaheed@hrf.co.uk

ON THE SOCIALS

Give us a follow and share your deployment journey with us!



...START OF THE JOURNEY



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