



HUMAN RELIEF
FOUNDATION

REPORT & ACCOUNTS

2013



WELCOME to HUMAN RELIEF FOUNDATION 2013



Human Relief Foundation (HRF) has grown considerably in the last few years. Our twenty-year reputation for providing emergency relief and assistance to people caught up in extraordinary circumstances has meant that we can now list the World Food Programme, the United Nations and the European Union as our partners.

Contents

2-3	Welcome
4-5	Chairman & President Statements
6-7	Pakistan
8-9	Kenya
10-11	Somalia
12-13	Sudan
14-15	Jordan & Syria
16-17	Libya
18-19	Philippines
20-21	Iraq
22-23	Orphans
24-25	Community Fundraising Activities
26-27	Overview



Message from the President

Dear Supporter,

On behalf of myself and all other employees at Human Relief Foundation, I would like to thank you for your constant support. We continue to grow every year, and this would not be possible without you.

During 2013, the world was subjected to a number of civil and cross-nation conflicts. In Syria, the civil war continues. Millions of people are still fleeing the country and looking to neighbouring countries for safety. In the Philippines, thousands of families were left struggling when Typhoon Haiyan caused millions of pounds worth of damage and destroyed hundreds of thousands of lives. Millions were left without enough food, shelter, electricity or clean water.

In response to growing worldwide conflict, this year HRF has extended its conflict transformation work in Jordan. We also continue to work in Libya. These programmes are developed to train local non-Governmental organisations on peace and capacity-building within their own nations, in an effort to promote dialogue and community spirit between refugees and host communities.

Human Relief Foundation has spent 2013 assisting people in some of the most poverty-stricken areas, in the hope that we can help those suffering. We have provided medical aid and emergency food and water to as many people as we can possibly reach with your support, and we will continue to strive to reach everyone who needs our help. As well as this, HRF continues to work closely with UN-Habitat, the United Nations Development Programme, the World Health Organisation and the World Food Programme, all of whom are assisting us in our work in Somalia, Pakistan, Palestine, Syria, Jordan, Sudan and Iraq.

I hope that you enjoy our end of year review and, once again, thank you for supporting our work.

Dr Nabeel Al Ramadhani
President



Message from the Chairman

Dear Supporter,

In 2013, suffering continued all over the world. The Philippines was hit with one of the worst typhoons ever recorded, poverty rages on across the Middle East, and Africa is still facing drought and famine. Thousands of vulnerable people have suffered as a result of conflict and natural disasters across the globe.

Human Relief Foundation has worked endlessly to help as many people as possible. The organisation has distributed emergency aid where it is needed, and implemented long-term sustainable projects across the Middle East and Asia.

HRF has improved the living standards of thousands of vulnerable men, women and children. In Jordan, we distributed food to over 100,000 Syrian refugees and in India, our Qurbani project helped provide food for thousands of poverty-stricken people. Our work continues to grow on an international scale, and we are very grateful for your continued support.

In the UK, our winter appeal gave gifts to hundreds of children living in poverty, so that they could feel happiness during the festive period. We also collected donations of over three hundred winter coats, which were transported and given to children living in shanty towns in Kenya.

Without your help, we would not be able to conduct any of our work. Thousands of you donated and sponsored orphans through Human Relief Foundation. Without this, our projects to help the suffering would not be possible. The board of Trustees are active in making sure that donations are spent appropriately and the projects that Human Relief Foundation are implementing are massively improving lives of needy people all around the world.

Thank you for your continued support.

Dr Haytham Al-Khaffaf
Chairman



“In Syria, the civil war continues. Millions of people are still fleeing the country and looking to neighbouring countries for safety.”

PAKISTAN



“This year we installed water hand pumps across Pakistan, which are benefiting thousands of people living in villages with no prior access to clean drinking water.”



Poverty in Pakistan is still prevalent. In 2013, the country was the fifth largest recipient of aid in the world. There is a constant need for public service provision and humanitarian intervention, as well as governance and peace operations.

Our Work in Pakistan

In Pakistan, Human Relief Foundation has a permanent office in Islamabad. From this office, we focus on protecting and improving the lives of those living in areas of poverty.

Water

This year we installed water hand pumps across Pakistan, which are benefiting thousands of people living in villages with no prior access to clean drinking water, so that the vulnerable people living there can drink their fill whenever they need to.

Food

Our food projects fed 5,605 people in times of food scarcity, focusing on the most needy women, children and elderly people. Our healthy and nutritious food parcels filled the stomachs of people who, in some cases, had not eaten a proper meal for days.

Orphans

Our orphan sponsorship programme is an ongoing project in Pakistan. When a child registers as an orphan with Human Relief Foundation, we work to find them a sponsor to help fund their food, water, shelter, education and medical costs. We are currently sponsoring dozens of needy children. This year we also treated some of our young people to an educational trip, in which we gave them the chance to leave their villages and to have a day of fun.

Isakhel Hospital

Over 12,000 people from the Isakhel area have benefited from the health-care that is provided by the HRF Isakhel Hospital. Various operations were performed including corrective eye operations, cataracts on hundreds of patients and other minor operations. The hospital provides mother and baby care including the delivery of babies. The hospital also offers medical consultations regarding other conditions.

This is Meerab. She was delivered at the HRF-Isakhel Hospital. Both she and her mother are doing well.



“With the help of our local community, Human Relief Foundation managed to collect and send more than three hundred jackets to the children in Kenya.”



KENYA

In 2013, Kenya was the eleventh largest recipient of humanitarian assistance. The majority of aid is given in the form of food and water, for which there is a need across the whole country.

Our Work in Kenya

In December of 2013, Human Relief Foundation called upon our partners and supporters in Bradford to help us in a very important task. A lady from a shanty town in Kenya approached our staff and asked us to help collect second-hand coats and jackets for the children she lived with.

Madam Milcah Muthoni was in charge of a free daycare centre for children in the town in Nairobi. She told us that hundreds of children had no winter clothing and were struggling through cold weather.

With the help of our local community, Human Relief Foundation managed to collect and send more than three hundred jackets to the children in Kenya.



SOMALIA



Almost half of Somalia's population require humanitarian assistance. That is over four million people. The main needs in Somalia, which was the fourth largest recipient of official humanitarian assistance in 2013, include food, water, vaccinations and healthcare.

Our Work in Somalia

Human Relief Foundation works with the United Nations Development Programme in Somalia to change the lives of independently displaced persons living in camps.

Education

This year in Somalia, Human Relief Foundation provided the opportunity for 12,000 children to attend school.

Alongside our local partners, Somali Community Concern (SCC), and with additional support from UNICEF, Human Relief Foundation supplied educational materials such as blackboards, pens and pencils, as well as recreation kits including skipping ropes, footballs and basketballs, to 53 primary schools in camps in Mogadishu.

We also provided building materials, assisted in the repairing of 80 classrooms and assisted 212 teachers with their monthly salaries, so that thousands of children can benefit into the future from quality education in literacy, numeracy, science, Somali and Arabic.

Hygiene

With our partners UN-Habitat, Human Relief Foundation has been working to improve the sanitation situation for internally displaced persons living in Somalia.

Our Vacutug Development Programme trains local organisations on how to use specific machinery to empty septic tanks, reducing the risk of disease or contamination within the camps. This makes the camps safer and more pleasant to live in.

The Prosopis Threat

Human Relief Foundation is also working with UN-Habitat to remove a tree named Prosopis. The plant, which has been described as the biggest threat facing the country, is a huge cause of damage to agricultural lands and ecosystems. Human Relief Foundation is providing guidance for implementing local actions for eradication.



“This year in Somalia, Human Relief Foundation provided the opportunity for 12,000 children to attend school.”

“Human Relief Foundation helped to ease the suffering of 46,000 people.”



SUDAN

Humanitarian need in Sudan is driven by conflict, displacement and vulnerability. Sudan was the ninth largest recipient of official humanitarian assistance in 2013. The situation remains particularly bleak in Darfur, where up to 1.9 million people reside in camps as internally displaced persons (IDPs).

Our Work in Sudan

In Sudan, Human Relief Foundation provides emergency medical assistance to those from disadvantaged communities, emergency aid in times of disaster and long-term sustainable projects to promote a better way of life.

Medical Care

Almost 400,000 people in Sudan have officially become IDPs as a result of conflict, particularly in Darfur. Most of them are living in specially-built camps. In 2013, Human Relief Foundation helped to ease the suffering of 46,000 people living in these camps through three health clinics. The clinics served to deliver 635 babies, vaccinated 7,496 women and children, and distributed medication to thousands of people.

Community Aid

This year, Human Relief Foundation has trained over 300 local charity workers in Sudan in the areas of fundraising, methodology and proposal writing, so that they can apply for the support they need to work with needy people. The training aims to provide charity workers with necessary knowledge and tools to help them when applying for funds to support their humanitarian projects. We also want to assist them in strengthening the networks among aid organisations in the country.

JORDAN & SYRIA

Over three million people have left Syria as a result of conflict, which began in 2011 and continues today. They have made their way to neighbouring countries in search of safety. In Jordan, where Human Relief Foundation has a permanent presence, over 600,000 Syrian people registered as refugees in 2013. The majority of those people are living in refugee camps or with host communities.

Our Work in Jordan and Syria

Feeding Syrians

Human Relief Foundation has been working in partnership with the World Food Programme (WFP) to feed Syrian refugees in Jordan since March 2011. We reached and fed over 100,000 Syrian refugees in 2013.

Peacebuilding

The number of Syrian people seeking refuge in Jordan has been steadily increasing. The sheer volume of refugees is causing economic and social problems in Jordan. For the indigenous people living in the country, there is pressure to accept tens of thousands more desperate Syrians. For those leaving Syria, there is a need to adapt to a new society. Alongside our local partners, Human Relief Foundation implemented a long-term project to create dialogue and peace building between communities.

Syria's Babies

Among the refugee families who fled Syria to Jordan were many pregnant women. They left the devastated country in search of a safe place to give birth, receive maternity care and bring up their babies. Human Relief Foundation stepped in to help. We arranged with Aqleh Hospital in Amman to receive pregnant Syrian women and deliver their babies with the due care required. Around 200 pregnant women benefited from this service.

“The sheer volume of refugees is causing economic and social problems in Jordan.”





LIBYA

After Conflict in Libya

After civil unrest ripped through the country, the social situation in Libya remains unstable. An estimated 290,000 people were displaced within and around Tripoli and Benghazi. Over 100,000 people left the country and fled across neighbouring borders.

Our Work in Libya

In 2013, Human Relief Foundation worked within Libya to try and smooth over community relations through the training of civil society organisations on conflict transformation matters.

In association with Responding to Conflict, Human Relief Foundation began a one year project to lift and improve the capacity and confidence of emerging civil society organisations in Libya. The workshops trained dozens of charity and society workers on how best to cope with conflict in their local areas.

“Over 100,000 people left the country and fled across neighbouring borders.”



“Human Relief Foundation launched an emergency fundraising appeal to provide those in desperate need with the supplies they required.”

TYPHOON HAIYAN IN THE PHILIPPINES

In 2013, Typhoon Haiyan ripped through the Philippines. It affected 13 million people, displacing a total 1.9 million and leaving 3,600 people dead.

Human Relief Foundation launched an emergency fundraising appeal to provide those in desperate need with the supplies they required. We fed several hundred families in those first few critical days.

IRAQ

In 2013, Iraq was the 23rd largest recipient of official humanitarian assistance. In the early part of the year, there were 118,060 internally displaced persons fleeing violence in the country.

Our Work in Iraq

This year in Iraq, we focused on education for students and emergency supplies for those struggling through poverty.

Education

In 2013, we rehabilitated classrooms, toilet facilities, ceilings and furniture in six schools in Iraq. The main aim of this project was to encourage young girls to maintain their education by attending schools. The project benefited 3,500 existing students in the school.

Human Relief Foundation also distributed school bags, stationery, sports outfits and trainers to 850 poor children enrolled in education, so that they could participate effectively in their studies.

Syrian Refugees

Thousands of Syrian refugees left their homes and fled to Iraq for shelter and safety. Human Relief Foundation provided over 7,000 Syrian families with emergency supplies on arrival into the country, including tents, blankets, sheets, clothing, food items, baby milk and water tanks.

General Assistance for the Needy

During 2013, we gave out food to over 6,500 needy families living in Iraq. As well as that, we gave out Eid gifts to over 400 orphans, and distributed clothing and Eid gifts to 700 poor families, so that they could join in celebrating.

“Human Relief Foundation provided over 7,000 Syrian families with emergency supplies on arrival into the country.”





ORPHANS

It is estimated that 153 million children worldwide, ranging from infants to teenagers, have lost one or both parents. HIV/AIDS alone has orphaned 17.9 million children around the world, mostly in sub sahara Africa and Southeast Asia.

Our Work with Orphans

Every day, thousands more children become orphans. All across the world, vulnerable children lose their parents to illness, famine or conflict, leaving them to fend for themselves. Children without parents are vulnerable and often taken advantage of. We want to help as many of them as possible.

Human Relief Foundation has been working to improve the lives of orphans around the world since we began operating in 1991. Through our dedicated sponsorship programme, we make sure that thousands of orphans have food, water, shelter, education and accommodation. We do this to give our orphans a chance at a normal life, free from prostitution, slavery and exploitation.

In 2013, we secured sponsorship for 975 new orphans, bringing the total number of children we help to over seven thousand.

Case Study

Uzma Bibi is eleven years old and was sponsored by a kind donor in 2013. Her guardian says it has changed her life.

“There are a lot of advantages. She and her siblings are now at school, plus I am able to buy them medicine. I want to thank the person who sponsors her. I am able to buy medicine now for her brother, who suffers from migraines.”

Since she became a sponsored orphan with Human Relief Foundation, Uzma has dared to dream big.

She said, “I want to be a doctor now when I am older and work in the Human Relief Foundation Isakhel Hospital.”

“Uzma Bibi is eleven years old and was sponsored by a kind donor in 2013. Her guardian says it has changed her life.”



COMMUNITY FUNDRAISING ACTIVITIES

Our volunteers are instrumental in our success. In 2013, they trekked for hundreds of miles up mountains and across terrains, jumped from the sky in bungee jumps and skydives, and paced the floors of cities all around the country with buckets to raise funds for us.

Mountain Climbs

This year, Human Relief Foundation volunteers climbed Ben Nevis, Mount Snowdon and Scafell Pike, raising over £30,000 for various projects.

Skydives

On three separate occasions this year, Human Relief Foundation volunteers fell through the sky to raise funds for our causes. Their efforts raised almost £20,000.

Bungee Jumps

2013 was the first year we offered our supporters the chance to bungee. Twelve people took part throughout the year, raising over £2,000 for needy people.

Runners

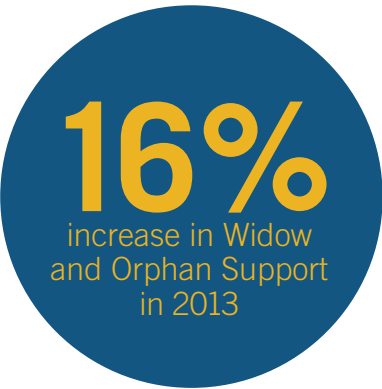
Our volunteers ran miles and miles this year, taking part in the London Marathon and the Bupa 10k. Every step they took was worth it. In total, our runners raised over £5,000.

Become a Volunteer

Human Relief Foundation is always looking for new people to volunteer. For the chance to participate in our events, challenges and street collections, please email m.khan@hrf.co.uk.

“Human Relief Foundation is always looking for new people to volunteer.”

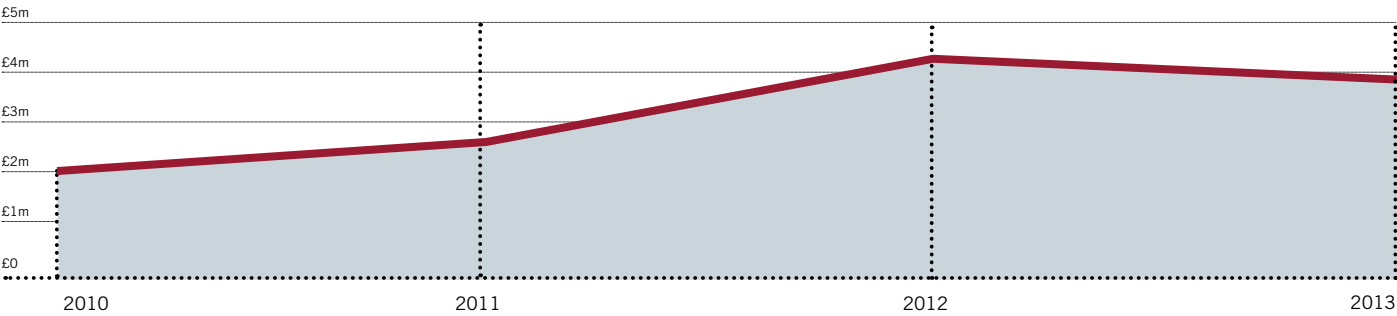
OVERVIEW



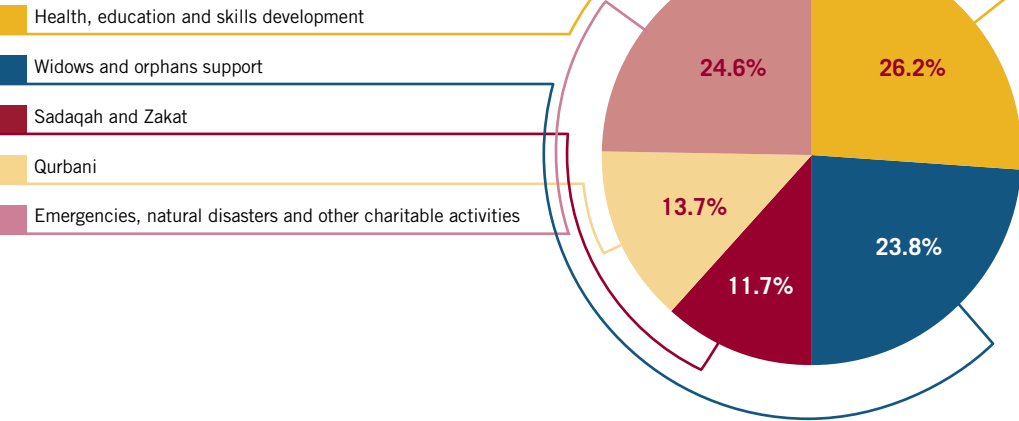
“This year can be considered one of our most successful years, and we couldn’t have done that without your ongoing support.”

Dr Nabeel Al Ramadhani
President

INCOME 2013 compared to 2010, 2011 & 2012



2013 CHARITABLE ACTIVITIES SPLIT



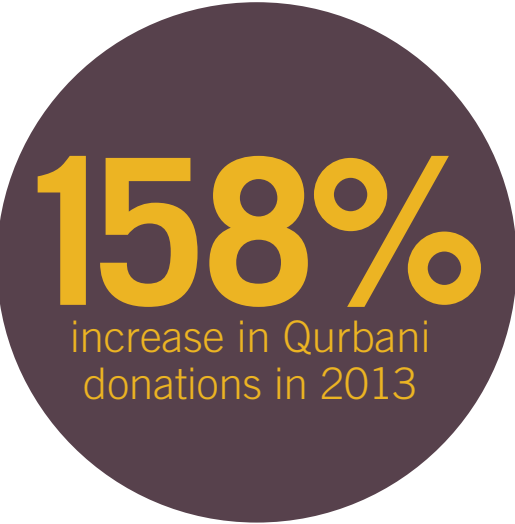
£763k
spent on Health, Education and Skills Development in 2013

OVERVIEW

	2013	2012
TOTAL INCOME	£3,952,093	£4,277,435
(CONSOLIDATED, I.E WITH DELTA ONE, CHARITY SHOPS)		
CHARITABLE ACTIVITIES		
Health, education and skills development	£763,314	£1,205,995
Widows and orphans support	£689,674	£593,898
Sadaqah and Zakat	£338,656	£397,396
Qurbani	£396,513	£153,506
Emergency appeals	£713,142	£911,577
Projects support costs	£695,114	£620,825
Costs of generating voluntary income	£212,693	£164,655
Administration costs	£253,431	£295,316
	£4,062,537	£4,343,168

What we do
Emergency & disaster
Development cooperation
Conflict transformation
Orphan sponsorship
Educational
Capacity-building
Health
Water
Seasonal
Livelihood & social development

Where we work
Iraq
Jordan
Palestine
Pakistan
Sudan/Darfur
Somalia
Libya
Kenya
Philippines



“During 2013, the world was subjected to a number of civil and cross-nation conflicts. In Syria, the civil war continues. Millions of people are still fleeing the country and looking to neighbouring countries for safety.”

Dr Nabeel Al Ramadhani
President

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HUMAN RELIEF
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